



# **NUTRITION AND ALLERGEN GUIDE**

JUNE 2026

# Croissants & Danishes

| Butter Croissant [1 Piece]                                                                         |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>80 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 361.7             | 452.1        | 18                |
| Total Carbohydrates (g)                                                                            | 35.1              | 43.9         | 27.0              |
| Total Sugars (g)                                                                                   | 5.0               | 6.3          | -                 |
| Added Sugar (g)                                                                                    | 5.0               | 6.3          | 10                |
| Protein (g)                                                                                        | 5.4               | 6.7          | 10.3              |
| Total Fat (g)                                                                                      | 22.2              | 27.7         | 33                |
| Saturated Fat (g)                                                                                  | 16.0              | 20.0         | 72.7              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 31.2              | 38.9         | -                 |
| Sodium (mg)                                                                                        | 473.0             | 591.2        | 23.6              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Blueberry Danish [1 Piece]                                                                         |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>110 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 452.1              | 411          | 22.6              |
| Total Carbohydrates (g)                                                                            | 57.2               | 52.0         | 44.0              |
| Total Sugars (g)                                                                                   | 17.3               | 15.7         | -                 |
| Added Sugar (g)                                                                                    | 12.0               | 10.9         | 24                |
| Protein (g)                                                                                        | 6.9                | 6.3          | 13.3              |
| Total Fat (g)                                                                                      | 21.8               | 19.8         | 32                |
| Saturated Fat (g)                                                                                  | 15.5               | 14.1         | 70                |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 11.8               | 10.7         | -                 |
| Sodium (mg)                                                                                        | 269.5              | 245          | 13.4              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Pain Au Chocolat [1 Piece]                                                                         |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>80 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 371.6             | 464.4        | 18.5              |
| Total Carbohydrates (g)                                                                            | 39.6              | 49.5         | 30.4              |
| Total Sugars (g)                                                                                   | 12.5              | 15.7         | -                 |
| Added Sugar (g)                                                                                    | 12.5              | 15.7         | 25                |
| Protein (g)                                                                                        | 4.9               | 6.0          | 9.3               |
| Total Fat (g)                                                                                      | 21.5              | 26.9         | 32                |
| Saturated Fat (g)                                                                                  | 14.7              | 18.3         | 66.7              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | <1.0              | <1.0         | -                 |
| Sodium (mg)                                                                                        | 309.3             | 386.6        | 15.4              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |



# Bread

## French Baguette [140g]

|                         | Per Serve<br>30 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 89.4              | 298          | 4.4               |
| Total Carbohydrates (g) | 18.6              | 62           | 14.3              |
| Total Sugars (g)        | 1.3               | 4.2          | -                 |
| Added Sugar (g)         | 0.7               | 2.2          | 1.32              |
| Protein (g)             | 2.7               | 8.9          | 5.1               |
| Total Fat (g)           | 0.4               | 1.4          | 0.6               |
| Saturated Fat (g)       | 0.1               | 0.5          | 1                 |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | <1.0              | <1.0         | -                 |
| Sodium (mg)             | 12.3              | 41           | 0.                |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Soy.**

## Multigrain Loaf [400g]

|                         | Per Serve<br>30 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 79.8              | 266          | 3.9               |
| Total Carbohydrates (g) | 13.7              | 45.5         | 10.5              |
| Total Sugars (g)        | 1.6               | 5.3          | -                 |
| Added Sugar (g)         | 0.7               | 2.4          | 1.4               |
| Protein (g)             | 2.6               | 8.8          | 5.0               |
| Total Fat (g)           | 1.6               | 5.5          | 2.4               |
| Saturated Fat (g)       | 0.4               | 1.3          | 1.7               |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | <1.0              | <1.0         | -                 |
| Sodium (mg)             | 125.9             | 419.7        | 6.3               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Soy.**

## Sourdough Bread [350g]

|                         | Per Serve<br>30 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 79.5              | 265          | 3.9               |
| Total Carbohydrates (g) | 17.0              | 56.7         | 13.0              |
| Total Sugars (g)        | 1.3               | 4.4          | -                 |
| Added Sugar (g)         | 0.7               | 2.3          | 1.4               |
| Protein (g)             | 2.2               | 7.5          | 4.3               |
| Total Fat (g)           | 0.3               | 0.9          | 0.4               |
| Saturated Fat (g)       | 0.1               | 0.4          | 0.5               |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | <1.0              | <1.0         | -                 |
| Sodium (mg)             | 172.0             | 573.4        | 8.6               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Soy.**

## Wheat Bread Loaf [400g]

|                         | Per Serve<br>30 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 72.9              | 243          | 3.6               |
| Total Carbohydrates (g) | 14.6              | 48.5         | 11.1              |
| Total Sugars (g)        | 1.7               | 5.6          | -                 |
| Added Sugar (g)         | 0.9               | 3.1          | 1.8               |
| Protein (g)             | 2.4               | 7.9          | 4.5               |
| Total Fat (g)           | 0.6               | 1.9          | 1                 |
| Saturated Fat (g)       | 0.3               | 1.0          | 1.4               |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | <1.0              | <1.0         | -                 |
| Sodium (mg)             | 156               | 520          | 7.8               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Soy.**

# Brownie

## Cookie Brownie [1 Piece]

|                                                                                                    | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 170.8             | 427.1        | 8.5               |
| Total Carbohydrates (g)                                                                            | 22.9              | 57.2         | 17.6              |
| Total Sugars (g)                                                                                   | 8.2               | 20.4         | -                 |
| Added Sugar (g)                                                                                    | 8.2               | 20.4         | 16.3              |
| Protein (g)                                                                                        | 2.6               | 6.5          | 5.0               |
| Total Fat (g)                                                                                      | 7.6               | 19.1         | 11.4              |
| Saturated Fat (g)                                                                                  | 3.8               | 9.5          | 17.3              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 6.6               | 16.4         | -                 |
| Sodium (mg)                                                                                        | 126.3             | 315.8        | 6.3               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Egg, Wheat, Milk, Soy.</b>                                                           |                   |              |                   |

## Walnut Brownie [1 Piece]

|                                                                                                    | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 170.8             | 426.9        | 8.5               |
| Total Carbohydrates (g)                                                                            | 24.6              | 61.5         | 18.9              |
| Total Sugars (g)                                                                                   | 8.6               | 21.6         | -                 |
| Added Sugar (g)                                                                                    | 8.6               | 21.6         | 17.2              |
| Protein (g)                                                                                        | 2.7               | 6.8          | 5.2               |
| Total Fat (g)                                                                                      | 6.8               | 17.5         | 10.1              |
| Saturated Fat (g)                                                                                  | 3.1               | 7.7          | 14                |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 8                 | 20           | -                 |
| Sodium (mg)                                                                                        | 111.5             | 278.9        | 5.5               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Egg, Wheat, Milk, Nut, Soy.</b>                                                      |                   |              |                   |

## Eggless Cookie Brownie [1 Piece]

|                                                                                                    | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 163.2             | 408.0        | 8.1               |
| Total Carbohydrates (g)                                                                            | 21.6              | 54.0         | 16.6              |
| Total Sugars (g)                                                                                   | 8.5               | 21.3         | -                 |
| Added Sugar (g)                                                                                    | 8.5               | 21.3         | 17                |
| Protein (g)                                                                                        | 2.1               | 5.3          | 4.1               |
| Total Fat (g)                                                                                      | 7.6               | 18.9         | 11.3              |
| Saturated Fat (g)                                                                                  | 3.8               | 9.4          | 17.2              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 1.9               | 4.7          | -                 |
| Sodium (mg)                                                                                        | 97.6              | 243.0        | 4.8               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Wheat, Milk, Soy.</b>                                                                |                   |              |                   |

## Eggless Choco Chip Brownie [1 Piece]

|                                                                                                    | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 165.9             | 414.6        | 8.2               |
| Total Carbohydrates (g)                                                                            | 22.0              | 55.0         | 16.9              |
| Total Sugars (g)                                                                                   | 8.7               | 21.6         | -                 |
| Added Sugar (g)                                                                                    | 8.7               | 21.6         | 17.3              |
| Protein (g)                                                                                        | 2.5               | 6.3          | 4.8               |
| Total Fat (g)                                                                                      | 7.5               | 18.8         | 11.2              |
| Saturated Fat (g)                                                                                  | 2.6               | 6.4          | 11.7              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 2.2               | 5.5          | -                 |
| Sodium (mg)                                                                                        | 48.9              | 122.3        | 2.4               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Wheat, Milk, Soy.</b>                                                                |                   |              |                   |

| Eggless Walnut Brownie [1 Piece]                                                                   |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 156.4             | 390.9        | 7.8               |
| Total Carbohydrates (g)                                                                            | 21.4              | 53.5         | 16.4              |
| Total Sugars (g)                                                                                   | 8.7               | 21.8         | -                 |
| Added Sugar (g)                                                                                    | 8.7               | 21.8         | 17.4              |
| Protein (g)                                                                                        | 2.5               | 6.2          | 4.8               |
| Total Fat (g)                                                                                      | 6.7               | 16.8         | 10                |
| Saturated Fat (g)                                                                                  | 3.4               | 8.61         | 15.6              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 4.6               | 11.6         | -                 |
| Sodium (mg)                                                                                        | 68.0              | 170.0        | 3.4               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Nut, Soy.                                                                  |                   |              |                   |

| Millionaire Brownie [1 Piece]                                                                      |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 181.4             | 453.4        | 9.0               |
| Total Carbohydrates (g)                                                                            | 24.3              | 60.7         | 18.6              |
| Total Sugars (g)                                                                                   | 10.4              | 25.9         | -                 |
| Added Sugar (g)                                                                                    | 10.4              | 25.9         | 20.7              |
| Protein (g)                                                                                        | 2.5               | 6.1          | 4.7               |
| Total Fat (g)                                                                                      | 8.3               | 20.6         | 12.3              |
| Saturated Fat (g)                                                                                  | 4.3               | 10.7         | 19.4              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 5.0               | 12.4         | -                 |
| Sodium (mg)                                                                                        | 81.1              | 202.7        | 4                 |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Egg, Wheat, Milk, Soy.                                                                  |                   |              |                   |

| Eggless Millionaire Brownie [1 Piece]                                                              |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 165.6             | 414.1        | 8.2               |
| Total Carbohydrates (g)                                                                            | 20.4              | 50.9         | 15.6              |
| Total Sugars (g)                                                                                   | 10.5              | 26.2         | -                 |
| Added Sugar (g)                                                                                    | 10.5              | 26.2         | 20.9              |
| Protein (g)                                                                                        | 2.4               | 6.1          | 4.6               |
| Total Fat (g)                                                                                      | 8.3               | 20.7         | 12.3              |
| Saturated Fat (g)                                                                                  | 5.7               | 14.1         | 25.6              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 1.2               | 2.9          | -                 |
| Sodium (mg)                                                                                        | 75.3              | 188.2        | 3.7               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Outrageous Chocolate Brownie [1 Piece]                                                             |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 197.6             | 494          | 9.8               |
| Total Carbohydrates (g)                                                                            | 21.7              | 54.2         | 16.6              |
| Total Sugars (g)                                                                                   | 9.4               | 23.4         | -                 |
| Added Sugar (g)                                                                                    | 9.4               | 23.4         | 18.75             |
| Protein (g)                                                                                        | 3.7               | 9.2          | 7.11              |
| Total Fat (g)                                                                                      | 10.7              | 26.7         | 15.9              |
| Saturated Fat (g)                                                                                  | 3.8               | 9.5          | 17.3              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 2.9               | 7.2          | -                 |
| Sodium (mg)                                                                                        | 89.5              | 223.7        | 4.4               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Nut, Soy.                                                                  |                   |              |                   |

| Choco Chip Brownie [1 Piece]                                                                       |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 178.9             | 447.1        | 8.9               |
| Total Carbohydrates (g)                                                                            | 25.0              | 62.5         | 19.2              |
| Total Sugars (g)                                                                                   | 10.5              | 26.1         | -                 |
| Added Sugar (g)                                                                                    | 10.5              | 26.1         | 20.9              |
| Protein (g)                                                                                        | 2.6               | 6.5          | 5.0               |
| Total Fat (g)                                                                                      | 7.6               | 18.9         | 11.3              |
| Saturated Fat (g)                                                                                  | 3.0               | 7.6          | 13.8              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 2.1               | 5.1          | -                 |
| Sodium (mg)                                                                                        | 110.8             | 276.9        | 5.5               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Egg, Wheat, Milk, Soy.                                                                  |                   |              |                   |

| Overload Brownie [1 Piece]                                                                         |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 165.2             | 412.9        | 8.2               |
| Total Carbohydrates (g)                                                                            | 26.6              | 66.5         | 20.4              |
| Total Sugars (g)                                                                                   | 10.8              | 26.9         | -                 |
| Added Sugar (g)                                                                                    | 10.8              | 26.9         | 21.5              |
| Protein (g)                                                                                        | 1.8               | 4.4          | 3.4               |
| Total Fat (g)                                                                                      | 5.7               | 14.3         | 8.5               |
| Saturated Fat (g)                                                                                  | 3.6               | 9.1          | 16.5              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 6.0               | 15.0         | -                 |
| Sodium (mg)                                                                                        | 98.3              | 245.72       | 4.9               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Egg, Wheat, Milk, Soy.                                                                  |                   |              |                   |

## Eggless Fresh Cream Pineapple Cake [1kg]

|                         | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 130.5             | 261.0        | 6.5               |
| Total Carbohydrates (g) | 16.0              | 32.1         | 12.3              |
| Total Sugars (g)        | 6.4               | 12.7         | -                 |
| Added Sugar (g)         | 3.2               | 6.4          | 6.4               |
| Protein (g)             | 2.4               | 4.8          | 4.6               |
| Total Fat (g)           | 6.3               | 12.6         | 9.4               |
| Saturated Fat (g)       | 4.2               | 8.4          | 19.3              |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | 1.3               | 2.5          | -                 |
| Sodium (mg)             | 68.2              | 136.4        | 3.4               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Milk, Nut, Soy.**

## Fresh Cream Pineapple Cake [1kg]

|                         | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 120.0             | 239.9        | 6                 |
| Total Carbohydrates (g) | 13.7              | 27.4         | 10.5              |
| Total Sugars (g)        | 7.1               | 14.2         | -                 |
| Added Sugar (g)         | 4.3               | 8.5          | 8.5               |
| Protein (g)             | 1.9               | 3.8          | 3.6               |
| Total Fat (g)           | 6.4               | 12.8         | 9.5               |
| Saturated Fat (g)       | 4.3               | 8.6          | 19.5              |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | 15.4              | 30.8         | -                 |
| Sodium (mg)             | 26.1              | 52.2         | 1.3               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Egg, Wheat, Milk, Nut, Soy.**

## Eggless Fresh Cream Pineapple Cake [500g]

|                         | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 128.2             | 256.5        | 6.4               |
| Total Carbohydrates (g) | 15.2              | 30.4         | 11.7              |
| Total Sugars (g)        | 7.0               | 14.0         | -                 |
| Added Sugar (g)         | 4.2               | 8.3          | 8.3               |
| Protein (g)             | 2.6               | 5.1          | 4.9               |
| Total Fat (g)           | 6.4               | 12.7         | 9.5               |
| Saturated Fat (g)       | 4.3               | 8.5          | 19.4              |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | <1.0              | <1.0         | -                 |
| Sodium (mg)             | 97.5              | 194.9        | 4.8               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Milk, Nut, Soy.**

## Fresh Cream Pineapple Cake [500g]

|                         | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 127.9             | 255.7        | 6.3               |
| Total Carbohydrates (g) | 15.4              | 30.7         | 11.8              |
| Total Sugars (g)        | 8.0               | 15.9         | -                 |
| Added Sugar (g)         | 4.5               | 9.0          | 9                 |
| Protein (g)             | 2.3               | 4.6          | 4.5               |
| Total Fat (g)           | 6.3               | 12.6         | 9.4               |
| Saturated Fat (g)       | 4.3               | 8.5          | 19.3              |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | 19.0              | 38.0         | -                 |
| Sodium (mg)             | 30.8              | 61.5         | 1.5               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Egg, Wheat, Milk, Nut, Soy.**

| Eggless Red Velvet Cake [500g]                                                                     |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 211.2             | 422.3        | 10.5              |
| Total Carbohydrates (g)                                                                            | 26.0              | 52.0         | 20                |
| Total Sugars (g)                                                                                   | 10.9              | 21.8         | -                 |
| Added Sugar (g)                                                                                    | 10.9              | 21.8         | 21.8              |
| Protein (g)                                                                                        | 1.8               | 3.6          | 3.4               |
| Total Fat (g)                                                                                      | 11.1              | 22.2         | 16.5              |
| Saturated Fat (g)                                                                                  | 8.2               | 16.4         | 37.3              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 8.9               | 17.8         | -                 |
| Sodium (mg)                                                                                        | 84.3              | 168.         | 4.2               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk.                                                                            |                   |              |                   |

| Strawberry Custard Cake [550g]                                                                     |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 310                | 310          | 15.5              |
| Total Carbohydrates (g)                                                                            | 41.5               | 41.5         | 31.9              |
| Total Sugars (g)                                                                                   | 17.4               | 17.4         | -                 |
| Added Sugar (g)                                                                                    | 11.8               | 11.8         | 23.5              |
| Protein (g)                                                                                        | 4.8                | 4.8          | 9.2               |
| Total Fat (g)                                                                                      | 13.9               | 13.9         | 20.7              |
| Saturated Fat (g)                                                                                  | 7.9                | 7.9          | 35.9              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 4.0                | 4.0          | -                 |
| Sodium (mg)                                                                                        | 75.6               | 75.6         | 3.7               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Butterscotch & Milk Chocolate Cake [500g]                                                          |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 342                | 342          | 17.1              |
| Total Carbohydrates (g)                                                                            | 46.5               | 46.5         | 35.7              |
| Total Sugars (g)                                                                                   | 19.3               | 19.3         | -                 |
| Added Sugar (g)                                                                                    | 14.0               | 14.0         | 28                |
| Protein (g)                                                                                        | 4.8                | 4.8          | 9.2               |
| Total Fat (g)                                                                                      | 15.2               | 15.2         | 22.7              |
| Saturated Fat (g)                                                                                  | 7.2                | 7.2          | 32.9              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 8.3                | 8.3          | -                 |
| Sodium (mg)                                                                                        | 78.1               | 78.1         | 3.9               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Rich Chocolate Cake [460g]                                                                         |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 371                | 371          | 18.5              |
| Total Carbohydrates (g)                                                                            | 40.2               | 40.2         | 30                |
| Total Sugars (g)                                                                                   | 17.4               | 17.4         | -                 |
| Added Sugar (g)                                                                                    | 11.0               | 11.0         | 21.9              |
| Protein (g)                                                                                        | 9.2                | 9.2          | 17.6              |
| Total Fat (g)                                                                                      | 19.2               | 19.2         | 28.7              |
| Saturated Fat (g)                                                                                  | 12.8               | 12.8         | 58                |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 7.2                | 7.2          | -                 |
| Sodium (mg)                                                                                        | 80.2               | 80.2         | 4                 |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy, Nut, Egg.                                                             |                    |              |                   |

| Eggless Rich Chocolate Cake [500g]                                                                 |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 352                | 352          | 17.6              |
| Total Carbohydrates (g)                                                                            | 58.6               | 58.6         | 45                |
| Total Sugars (g)                                                                                   | 15.2               | 15.2         | -                 |
| Added Sugar (g)                                                                                    | 12.6               | 12.6         | 25.2              |
| Protein (g)                                                                                        | 3.6                | 3.6          | 6.9               |
| Total Fat (g)                                                                                      | 11.4               | 11.4         | 17                |
| Saturated Fat (g)                                                                                  | 4.9                | 4.9          | 22.3              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 10.3               | 10.3         | -                 |
| Sodium (mg)                                                                                        | 138.2              | 138.2        | 6.9               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| New York Style Baked Cheesecake [500g]                                                             |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 156.6             | 313.3        | 7.8               |
| Total Carbohydrates (g)                                                                            | 19.2              | 38.4         | 14.7              |
| Total Sugars (g)                                                                                   | 7.4               | 14.7         | -                 |
| Added Sugar (g)                                                                                    | 7.4               | 14.7         | 14.7              |
| Protein (g)                                                                                        | 3.5               | 7.0          | 6.7               |
| Total Fat (g)                                                                                      | 7.3               | 14.6         | 10.9              |
| Saturated Fat (g)                                                                                  | 3.6               | 7.2          | 16.3              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 26.1              | 52.3         | -                 |
| Sodium (mg)                                                                                        | 90.3              | 180.7        | 4.5               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Egg, Wheat, Milk.                                                                       |                   |              |                   |

| Chocoholic Cake [500g]                                                                             |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 198.9             | 397.8        | 9.9               |
| Total Carbohydrates (g)                                                                            | 15.9              | 31.8         | 12.2              |
| Total Sugars (g)                                                                                   | 8.6               | 17.2         | -                 |
| Added Sugar (g)                                                                                    | 8.6               | 17.2         | 17.1              |
| Protein (g)                                                                                        | 1.9               | 3.9          | 3.7               |
| Total Fat (g)                                                                                      | 14.2              | 28.4         | 21.1              |
| Saturated Fat (g)                                                                                  | 9.5               | 18.9         | 43                |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 9.6               | 19.3         | -                 |
| Sodium (mg)                                                                                        | 32.8              | 65.7         | 1.                |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Eggless Dutch Truffle Cake [500g]                                                                  |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 236.2             | 472.4        | 11.8              |
| Total Carbohydrates (g)                                                                            | 13.3              | 26.5         | 10.2              |
| Total Sugars (g)                                                                                   | 9.8               | 19.5         | -                 |
| Added Sugar (g)                                                                                    | 9.8               | 19.5         | 19.5              |
| Protein (g)                                                                                        | 2.0               | 4.1          | 3.9               |
| Total Fat (g)                                                                                      | 19.4              | 38.7         | 29                |
| Saturated Fat (g)                                                                                  | 6.8               | 13.5         | 30.6              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | <1.0              | <1.0         | -                 |
| Sodium (mg)                                                                                        | 78.0              | 156.1        | 3.9               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Hazelnut Praline Mousse Cake [500g]                                                                |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 198.3             | 396.5        | 9.9               |
| Total Carbohydrates (g)                                                                            | 20.4              | 40.8         | 15.7              |
| Total Sugars (g)                                                                                   | 9.9               | 19.8         | -                 |
| Added Sugar (g)                                                                                    | 9.9               | 19.8         | 19.8              |
| Protein (g)                                                                                        | 3.1               | 6.2          | 6                 |
| Total Fat (g)                                                                                      | 11.6              | 23.1         | 17.2              |
| Saturated Fat (g)                                                                                  | 6.5               | 12.9         | 29.3              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 6.2               | 12.5         | -                 |
| Sodium (mg)                                                                                        | 30.9              | 61.7         | 1.5               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Nut, Soy.                                                                  |                   |              |                   |

| Choco-Vanilla Oreo Cake [540g]                                                                     |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 367                | 367          | 18.3              |
| Total Carbohydrates (g)                                                                            | 51.4               | 51.4         | 39.5              |
| Total Sugars (g)                                                                                   | 18.7               | 18.7         | -                 |
| Added Sugar (g)                                                                                    | 17.4               | 17.4         | 34.9              |
| Protein (g)                                                                                        | 4.6                | 4.6          | 8.7               |
| Total Fat (g)                                                                                      | 15.9               | 15.9         | 23.7              |
| Saturated Fat (g)                                                                                  | 7.1                | 7.1          | 32.4              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 11.7               | 11.7         | -                 |
| Sodium (mg)                                                                                        | 92.7               | 92.7         | 4.6               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Dutch Truffle Cake [1kg]                                                                           |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 172.3             | 344.6        | 8.6               |
| Total Carbohydrates (g)                                                                            | 22.1              | 44.1         | 16.9              |
| Total Sugars (g)                                                                                   | 9.9               | 19.7         | -                 |
| Added Sugar (g)                                                                                    | 9.9               | 19.7         | 19.7              |
| Protein (g)                                                                                        | 2.5               | 5.0          | 4.8               |
| Total Fat (g)                                                                                      | 8.2               | 16.4         | 12.2              |
| Saturated Fat (g)                                                                                  | 4.3               | 8.5          | 19.4              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | <1.0              | <1.0         | -                 |
| Sodium (mg)                                                                                        | 42.0              | 84.0         | 2.1               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Egg, Wheat, Milk, Soy.                                                                  |                   |              |                   |

| Dutch Truffle Cake [500g]                                                                          |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 175.2             | 350.4        | 8.7               |
| Total Carbohydrates (g)                                                                            | 23.0              | 45.9         | 17.6              |
| Total Sugars (g)                                                                                   | 10.3              | 20.6         | -                 |
| Added Sugar (g)                                                                                    | 10.3              | 20.6         | 20.6              |
| Protein (g)                                                                                        | 2.5               | 4.9          | 4.7               |
| Total Fat (g)                                                                                      | 8.2               | 16.4         | 12.2              |
| Saturated Fat (g)                                                                                  | 6.3               | 12.6         | 28.6              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 23.9              | 47.8         | -                 |
| Sodium (mg)                                                                                        | 47.7              | 95.4         | 2.3               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Egg, Wheat, Milk, Soy.                                                                  |                   |              |                   |

| Black Forest Cake [450g]                                                                           |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 313                | 313          | 15.6              |
| Total Carbohydrates (g)                                                                            | 44.8               | 44.8         | 34.4              |
| Total Sugars (g)                                                                                   | 13.6               | 13.6         | -                 |
| Added Sugar (g)                                                                                    | 10.2               | 10.2         | 20.5              |
| Protein (g)                                                                                        | 4                  | 4            | 7.6               |
| Total Fat (g)                                                                                      | 13.0               | 13.0         | 19.4              |
| Saturated Fat (g)                                                                                  | 8.6                | 8.6          | 39.4              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 5.2                | 5.1          | -                 |
| Sodium (mg)                                                                                        | 91.4               | 91.4         | 4.5               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Eggless Butterscotch & Milk Chocolate Cake                                                         |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 334                | 334          | 16.9              |
| Total Carbohydrates (g)                                                                            | 53.5               | 53.5         | 41.1              |
| Total Sugars (g)                                                                                   | 24.6               | 24.6         | -                 |
| Added Sugar (g)                                                                                    | 23.0               | 23.0         | 46                |
| Protein (g)                                                                                        | 3.9                | 3.9          | 7.4               |
| Total Fat (g)                                                                                      | 11.5               | 11.5         | 17.2              |
| Saturated Fat (g)                                                                                  | 5.5                | 5.5          | 25.2              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 11.7               | 11.7         | -                 |
| Sodium (mg)                                                                                        | 75.9               | 75.9         | 3.8               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Eggless Butterscotch & Milk Chocolate Cake [1/2kg]                                                 |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 375                | 375          | 18.7              |
| Total Carbohydrates (g)                                                                            | 39.4               | 39.4         | 30.3              |
| Total Sugars (g)                                                                                   | 25.9               | 25.9         | -                 |
| Added Sugar (g)                                                                                    | 22.7               | 22.7         | 45.6              |
| Protein (g)                                                                                        | 6.2                | 6.2          | 12.0              |
| Total Fat (g)                                                                                      | 21.3               | 21.3         | 31.8              |
| Saturated Fat (g)                                                                                  | 10.2               | 10.2         | 46.5              |
| Trans Fat (g)                                                                                      | <0.10              | <0.10        | -                 |
| Cholesterol (mg)                                                                                   | 20.3               | 20.3         | -                 |
| Sodium (mg)                                                                                        | 69.3               | 69.3         | 3.4               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy, Nut.                                                                  |                    |              |                   |

| Eggless Dutch Truffle Cake [1kg]                                                                   |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 184.8             | 369.6        | 9.2               |
| Total Carbohydrates (g)                                                                            | 25.6              | 51.2         | 19.6              |
| Total Sugars (g)                                                                                   | 12.5              | 25.0         | -                 |
| Added Sugar (g)                                                                                    | 12.5              | 25.0         | 25.0              |
| Protein (g)                                                                                        | 2.4               | 4.7          | 4.5               |
| Total Fat (g)                                                                                      | 8.1               | 16.2         | 12.1              |
| Saturated Fat (g)                                                                                  | 4.2               | 8.4          | 19.1              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 1.9               | 3.7          | -                 |
| Sodium (mg)                                                                                        | 97.2              | 194.4        | 4.8               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Dark Chocolate Mousse Cake [500g]                                                                  |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 193.5             | 387          | 9.6               |
| Total Carbohydrates (g)                                                                            | 21.6              | 43.2         | 16.6              |
| Total Sugars (g)                                                                                   | 7.3               | 14.7         | -                 |
| Added Sugar (g)                                                                                    | 5.9               | 11.8         | 11.8              |
| Protein (g)                                                                                        | 3.8               | 7.5          | 7.3               |
| Total Fat (g)                                                                                      | 10.3              | 20.5         | 15.3              |
| Saturated Fat (g)                                                                                  | 6.4               | 12.7         | 28.9              |
| Trans Fat (g)                                                                                      | <0.10             | <0.10        | -                 |
| Cholesterol (mg)                                                                                   | 6.1               | 12.1         | -                 |
| Sodium (mg)                                                                                        | 43.4              | 86.8         | 2.1               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Blueberry Cheesecake [500g]                                                                        |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 338                | 338          | 16.9              |
| Total Carbohydrates (g)                                                                            | 19.7               | 19.7         | 15.1              |
| Total Sugars (g)                                                                                   | 13.2               | 13.2         | -                 |
| Added Sugar (g)                                                                                    | 10.2               | 10.2         | 20.5              |
| Protein (g)                                                                                        | 6.5                | 6.5          | 12.5              |
| Total Fat (g)                                                                                      | 25.9               | 25.9         | 38.6              |
| Saturated Fat (g)                                                                                  | 19.0               | 19.0         | 86.5              |
| Trans Fat (g)                                                                                      | <0.10              | <0.10        | -                 |
| Cholesterol (mg)                                                                                   | 32.7               | 32.7         | -                 |
| Sodium (mg)                                                                                        | 107.4              | 107.4        | 5.3               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Chocolate & Strawberry Bento Cake [300g]                                                           |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>150 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 576                | 384          | 28.8              |
| Total Carbohydrates (g)                                                                            | 70.3               | 46.9         | 54.0              |
| Total Sugars (g)                                                                                   | 21.8               | 14.5         | -                 |
| Added Sugar (g)                                                                                    | 17.6               | 11.7         | 35.2              |
| Protein (g)                                                                                        | 9.7                | 6.4          | 18.5              |
| Total Fat (g)                                                                                      | 28.6               | 19.0         | 42.6              |
| Saturated Fat (g)                                                                                  | 22.2               | 14.8         | 100.7             |
| Trans Fat (g)                                                                                      | <0.10              | <0.10        | -                 |
| Cholesterol (mg)                                                                                   | 23.5               | 15.6         | -                 |
| Sodium (mg)                                                                                        | 89.1               | 59.3         | 4.4               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :None declared.                                                                          |                    |              |                   |

| Theobroma Signature Brownie Cake [500g]                                                            |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 399                | 399          | 19.9              |
| Total Carbohydrates (g)                                                                            | 46.5               | 46.5         | 35.7              |
| Total Sugars (g)                                                                                   | 15.9               | 15.9         | -                 |
| Added Sugar (g)                                                                                    | 13.6               | 13.6         | 27.1              |
| Protein (g)                                                                                        | 7.6                | 7.6          | 14.6              |
| Total Fat (g)                                                                                      | 22.3               | 22.3         | 33.3              |
| Saturated Fat (g)                                                                                  | 14.7               | 14.7         | 67.1              |
| Trans Fat (g)                                                                                      | <0.10              | <0.10        | -                 |
| Cholesterol (mg)                                                                                   | 32.8               | 32.8         | -                 |
| Sodium (mg)                                                                                        | 117.0              | 117.0        | 5.8               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

# Dessert

## Vanilla & Blueberry Cupcake [1 Piece]

|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 401                | 401          | 20                |
| Total Carbohydrates (g)                                                                            | 53.5               | 53.5         | 41.1              |
| Total Sugars (g)                                                                                   | 20                 | 20           | -                 |
| Added Sugar (g)                                                                                    | 11.9               | 11.9         | 23.8              |
| Protein (g)                                                                                        | 4.1                | 4.1          | 7.9               |
| Total Fat (g)                                                                                      | 18.9               | 18.9         | 28.2              |
| Saturated Fat (g)                                                                                  | 10.4               | 10.4         | 47.5              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 16.7               | 16.7         | -                 |
| Sodium (mg)                                                                                        | 67.4               | 67.4         | 3.3               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| <b>Allergens :Wheat, Milk, Soy.</b>                                                                |                    |              |                   |

## Tiramisu Jar [1 Piece]

|                                                                                                    | Per Serve<br>140 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 413.7              | 295.5        | 20.6              |
| Total Carbohydrates (g)                                                                            | 38.9               | 27.8         | 29.9              |
| Total Sugars (g)                                                                                   | 23.7               | 16.9         | -                 |
| Added Sugar (g)                                                                                    | 18.8               | 13.4         | 37.6              |
| Protein (g)                                                                                        | 6.5                | 4.6          | 12.5              |
| Total Fat (g)                                                                                      | 25.8               | 18.4         | 38.4              |
| Saturated Fat (g)                                                                                  | 15.5               | 11.0         | 70.3              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 21.7               | 15.4         | -                 |
| Sodium (mg)                                                                                        | 177.3              | 126.6        | 8.8               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| <b>Allergens :Wheat, Milk, Soy, Nut.</b>                                                           |                    |              |                   |

## Lemon Tart [1 Piece]

|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 224.5             | 448.9        | 11.2              |
| Total Carbohydrates (g)                                                                            | 17.2              | 34.4         | 13.2              |
| Total Sugars (g)                                                                                   | 6.3               | 12.6         | -                 |
| Added Sugar (g)                                                                                    | 6.3               | 12.6         | 12.6              |
| Protein (g)                                                                                        | 2.8               | 5.6          | 5.4               |
| Total Fat (g)                                                                                      | 16.0              | 32.0         | 23.9              |
| Saturated Fat (g)                                                                                  | 9.8               | 19.5         | 44.3              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 8.2               | 16.3         | -                 |
| Sodium (mg)                                                                                        | 116.1             | 232.2        | 5.8               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Egg, Wheat, Milk, Soy.</b>                                                           |                   |              |                   |

## Tiramisu Jar

|                                                                                                    | Per Serve<br>110 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 319                | 290          | 15.9              |
| Total Carbohydrates (g)                                                                            | 21.9               | 19.9         | 16.8              |
| Total Sugars (g)                                                                                   | 17.0               | 15.4         | -                 |
| Added Sugar (g)                                                                                    | 15.6               | 14.1         | 31.1              |
| Protein (g)                                                                                        | 4.9                | 4.4          | 9.4               |
| Total Fat (g)                                                                                      | 23.6               | 21.4         | 35.1              |
| Saturated Fat (g)                                                                                  | 16.1               | 14.6         | 73.2              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 26.9               | 24.4         | -                 |
| Sodium (mg)                                                                                        | 36.9               | 33.5         | 1.8               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| <b>Allergens :Wheat, Milk, Soy.</b>                                                                |                    |              |                   |

| Strawberry Cupcake [1 Piece]                                                                       |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>82 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 312.4             | 381          | 15.6              |
| Total Carbohydrates (g)                                                                            | 38.5              | 46.9         | 29.6              |
| Total Sugars (g)                                                                                   | 15.8              | 19.2         | -                 |
| Added Sugar (g)                                                                                    | 11.8              | 14.4         | 23.6              |
| Protein (g)                                                                                        | 3.1               | 3.8          | 6.0               |
| Total Fat (g)                                                                                      | 16.2              | 19.8         | 24.1              |
| Saturated Fat (g)                                                                                  | 8.8               | 10.7         | 40.1              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 29.6              | 36.1         | -                 |
| Sodium (mg)                                                                                        | 51.0              | 62.2         | 2.5               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Chocolate Mousse Jar                                                                               |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>70 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 259               | 370          | 12.9              |
| Total Carbohydrates (g)                                                                            | 23.3              | 33.3         | 17.93             |
| Total Sugars (g)                                                                                   | 12.0              | 17.0         | -                 |
| Added Sugar (g)                                                                                    | 12.0              | 17.0         | 23.9              |
| Protein (g)                                                                                        | 2.1               | 2.9          | 3.9               |
| Total Fat (g)                                                                                      | 17.5              | 25.0         | 26.1              |
| Saturated Fat (g)                                                                                  | 12.2              | 17.5         | 55.6              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 20.4              | 29.1         | -                 |
| Sodium (mg)                                                                                        | 17.2              | 24.5         | 0.8               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Milk, Soy.                                                                              |                   |              |                   |

| Chocolate Mousse Jar [1 Piece]                                                                     |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>70 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 275.8             | 394          | 13.7              |
| Total Carbohydrates (g)                                                                            | 21.3              | 30.4         | 16.3              |
| Total Sugars (g)                                                                                   | 15.2              | 21.7         | -                 |
| Added Sugar (g)                                                                                    | 13.3              | 19.0         | 26.6              |
| Protein (g)                                                                                        | 3.3               | 4.7          | 6.4               |
| Total Fat (g)                                                                                      | 19.7              | 28.1         | 29.4              |
| Saturated Fat (g)                                                                                  | 15.3              | 21.7         | 69.3              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 3.3               | 4.65         | -                 |
| Sodium (mg)                                                                                        | 22.2              | 31.7         | 1.1               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Choco Caramel Tart [1 Piece]                                                                       |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 219.7             | 439.5        | 10.9              |
| Total Carbohydrates (g)                                                                            | 24.6              | 49.3         | 18.96             |
| Total Sugars (g)                                                                                   | 7.5               | 15.0         | -                 |
| Added Sugar (g)                                                                                    | 7.5               | 15.0         | 15.0              |
| Protein (g)                                                                                        | 2.6               | 5.2          | 4.9               |
| Total Fat (g)                                                                                      | 12.3              | 24.6         | 18.3              |
| Saturated Fat (g)                                                                                  | 7.9               | 15.7         | 35.8              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 4.2               | 8.3          | -                 |
| Sodium (mg)                                                                                        | 93.6              | 187.1        | 4.6               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Chocolate Hazelnut Cupcake [1 Piece]                                                               |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 491                | 491          | 24.5              |
| Total Carbohydrates (g)                                                                            | 39.9               | 39.9         | 30.6              |
| Total Sugars (g)                                                                                   | 19.4               | 19.4         | -                 |
| Added Sugar (g)                                                                                    | 18.2               | 18.2         | 36.4              |
| Protein (g)                                                                                        | 8.1                | 8.1          | 15.6              |
| Total Fat (g)                                                                                      | 33.3               | 33.3         | 49.6              |
| Saturated Fat (g)                                                                                  | 20.9               | 20.9         | 95.2              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 38.0               | 38.0         | -                 |
| Sodium (mg)                                                                                        | 95.2               | 95.2         | 4.7               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy, Nut.                                                                  |                    |              |                   |

| Red Velvet Cupcake                                                                                 |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 409                | 409          | 20.4              |
| Total Carbohydrates (g)                                                                            | 51.5               | 51.5         | 39.6              |
| Total Sugars (g)                                                                                   | 20.8               | 20.8         | -                 |
| Added Sugar (g)                                                                                    | 19.6               | 19.6         | 39.2              |
| Protein (g)                                                                                        | 4.1                | 4.1          | 7.9               |
| Total Fat (g)                                                                                      | 20.7               | 20.7         | 30.9              |
| Saturated Fat (g)                                                                                  | 11.9               | 11.9         | 54.2              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 27.1               | 27.1         | -                 |
| Sodium (mg)                                                                                        | 94.6               | 94.6         | 4.7               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Cake               |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 195.5             | 488.6        | 9.7               |
| Total Carbohydrates (g)                                                                            | 16.6              | 41.5         | 12.7              |
| Total Sugars (g)                                                                                   | 7.9               | 19.8         | -                 |
| Added Sugar (g)                                                                                    | 7.9               | 19.8         | 15.8              |
| Protein (g)                                                                                        | 2.7               | 6.7          | 5.1               |
| Total Fat (g)                                                                                      | 13.1              | 32.8         | 29.6              |
| Saturated Fat (g)                                                                                  | 7.5               | 18.8         | 34.1              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 20.6              | 51.5         | -                 |
| Sodium (mg)                                                                                        | 87.3              | 218.3        | 4.3               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Egg, Wheat, Milk, Nut, Soy.                                                             |                   |              |                   |

| Chocolate & Caramel Tart [1 Piece]                                                                 |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>120 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 572.4              | 477          | 28.6              |
| Total Carbohydrates (g)                                                                            | 66                 | 55           | 50.7              |
| Total Sugars (g)                                                                                   | 28.9               | 24.1         | -                 |
| Added Sugar (g)                                                                                    | 27.4               | 22.8         | 54.8              |
| Protein (g)                                                                                        | 5.0                | 4.2          | 9.6               |
| Total Fat (g)                                                                                      | 32.1               | 26.7         | 47.8              |
| Saturated Fat (g)                                                                                  | 25.3               | 21.1         | 115.1             |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 47.1               | 39.2         | -                 |
| Sodium (mg)                                                                                        | 204.0              | 169.9        | 10.2              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Red Velvet Cupcake [1 Piece]  |                   |              |                   |
|-----------------------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                                 | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                                   | 160.5             | 401.3        | 8.0               |
| Total Carbohydrates (g)                                                                                         | 22.3              | 55.7         | 17.16             |
| Total Sugars (g)                                                                                                | 9.0               | 22.4         | -                 |
| Added Sugar (g)                                                                                                 | 9.0               | 22.4         | 17.9              |
| Protein (g)                                                                                                     | 1.7               | 4.3          | 3.3               |
| Total Fat (g)                                                                                                   | 7.1               | 17.8         | 10.6              |
| Saturated Fat (g)                                                                                               | 5.0               | 12.6         | 22.9              |
| Trans Fat (g)                                                                                                   | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                                | 3.0               | 7.5          | -                 |
| Sodium (mg)                                                                                                     | 86.7              | 216.6        | 4.3               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.              |                   |              |                   |
| Allergens :Egg, Wheat, Milk.                                                                                    |                   |              |                   |

| Chocolate Cupcake [1 Piece]                                                                        |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>40 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 170.1             | 425.1        | 8.5               |
| Total Carbohydrates (g)                                                                            | 23                | 57.5         | 17.6              |
| Total Sugars (g)                                                                                   | 9.9               | 24.8         | -                 |
| Added Sugar (g)                                                                                    | 9.9               | 24.8         | 19.8              |
| Protein (g)                                                                                        | 1.7               | 4.2          | 3.2               |
| Total Fat (g)                                                                                      | 7.9               | 19.8         | 11.8              |
| Saturated Fat (g)                                                                                  | 5.8               | 14.3         | 26.1              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 4.3               | 10.8         | -                 |
| Sodium (mg)                                                                                        | 30                | 75           | 1.5               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Egg, Wheat, Milk, Soy.                                                                  |                   |              |                   |

# Dry Cake

## Mava Cake [300g]

|                         | Per Serve<br>30 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 122.7             | 409          | 6.1               |
| Total Carbohydrates (g) | 12.5              | 41.8         | 9.6               |
| Total Sugars (g)        | 5.8               | 19.3         | -                 |
| Added Sugar (g)         | 3.8               | 12.7         | 7.6               |
| Protein (g)             | 2.5               | 8.3          | 4.7               |
| Total Fat (g)           | 6.9               | 23.1         | 10.3              |
| Saturated Fat (g)       | 4.8               | 15.9         | 21.6              |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | 15.6              | 51.9         | -                 |
| Sodium (mg)             | 96.5              | 321.5        | 4.8               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Egg, Wheat, Milk.**

## Eggless Mava Cake [225g]

|                         | Per Serve<br>30 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 114.9             | 383          | 5.7               |
| Total Carbohydrates (g) | 12.6              | 41.9         | 9.6               |
| Total Sugars (g)        | 5.8               | 19.5         | -                 |
| Added Sugar (g)         | 4.1               | 13.7         | 8.2               |
| Protein (g)             | 3.1               | 10.2         | 5.8               |
| Total Fat (g)           | 5.8               | 19.4         | 8.6               |
| Saturated Fat (g)       | 4.1               | 13.8         | 18.8              |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | 5.6               | 18.8         | -                 |
| Sodium (mg)             | 76.1              | 253.7        | 3.8               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Milk.**

## Eggless Banana Cake [200g]

|                         | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|--------------------|--------------|-------------------|
| Energy (kcal)           | 328                | 328          | 16.4              |
| Total Carbohydrates (g) | 40.5               | 40.5         | 31.1              |
| Total Sugars (g)        | 15.4               | 15.4         | -                 |
| Added Sugar (g)         | 12.8               | 12.8         | 25.6              |
| Protein (g)             | 7.6                | 7.6          | 14.6              |
| Total Fat (g)           | 15.0               | 15.0         | 22.4              |
| Saturated Fat (g)       | 3.8                | 3.8          | 17.59             |
| Trans Fat (g)           | <0.1               | <0.1         | -                 |
| Cholesterol (mg)        | 5.3                | 5.3          | -                 |
| Sodium (mg)             | 225.1              | 225.1        | 11.2              |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Milk, Soy.**

## Banana Cake [200g]

|                         | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|--------------------|--------------|-------------------|
| Energy (kcal)           | 328                | 328          | 16.0              |
| Total Carbohydrates (g) | 44.5               | 44.5         | 34.2              |
| Total Sugars (g)        | 16.5               | 16.4         | -                 |
| Added Sugar (g)         | 13.7               | 13.7         | 27.4              |
| Protein (g)             | 6.6                | 6.6          | 12.6              |
| Total Fat (g)           | 13.8               | 13.8         | 20.5              |
| Saturated Fat (g)       | 4.6                | 4.6          | 20.9              |
| Trans Fat (g)           | <0.1               | <0.1         | -                 |
| Cholesterol (mg)        | 36.6               | 36.6         | -                 |
| Sodium (mg)             | 250.1              | 250.1        | 12.5              |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Egg, Soy, Milk.**

| Pound Cake [210g]                                                                                  |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 425                | 425          | 21.2              |
| Total Carbohydrates (g)                                                                            | 45.9               | 45.9         | 5.94              |
| Total Sugars (g)                                                                                   | 17.1               | 17.1         | -                 |
| Added Sugar (g)                                                                                    | 14.5               | 14.5         | 29                |
| Protein (g)                                                                                        | 8.5                | 8.5          | 16.3              |
| Total Fat (g)                                                                                      | 23.1               | 23.1         | 34.4              |
| Saturated Fat (g)                                                                                  | 16.8               | 16.7         | 76.2              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 62.3               | 62.3         | -                 |
| Sodium (mg)                                                                                        | 244.5              | 244.5        | 12.2              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Eggless Dense Loaf [260g]                                                                          |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 403                | 403          | 20.1              |
| Total Carbohydrates (g)                                                                            | 47.0               | 47.0         | 36.1              |
| Total Sugars (g)                                                                                   | 22.3               | 22.3         | -                 |
| Added Sugar (g)                                                                                    | 19.8               | 19.8         | 39.6              |
| Protein (g)                                                                                        | 7.1                | 7.1          | 13.6              |
| Total Fat (g)                                                                                      | 20.7               | 20.7         | 30.9              |
| Saturated Fat (g)                                                                                  | 15.3               | 15.3         | 69.7              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 16.9               | 16.9         | -                 |
| Sodium (mg)                                                                                        | 202.6              | 202.6        | 10.1              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Pound Cake [180g]                                                                                  |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>30 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 118.8             | 396          | 5.9               |
| Total Carbohydrates (g)                                                                            | 12.9              | 43           | 9.9               |
| Total Sugars (g)                                                                                   | 5.0               | 16.7         | -                 |
| Added Sugar (g)                                                                                    | 5.0               | 16.7         | 10.0              |
| Protein (g)                                                                                        | 1.7               | 5.6          | 3.2               |
| Total Fat (g)                                                                                      | 6.7               | 22.4         | 10.0              |
| Saturated Fat (g)                                                                                  | 4.8               | 15.9         | 21.6              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 19.8              | 66.1         | -                 |
| Sodium (mg)                                                                                        | 64.9              | 216.3        | 3.24              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Egg, Wheat, Milk.                                                                       |                   |              |                   |

| Dense Loaf [350g]                                                                                  |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 409                | 409          | 20.4              |
| Total Carbohydrates (g)                                                                            | 53.0               | 53.0         | 40.8              |
| Total Sugars (g)                                                                                   | 23.9               | 23.9         | -                 |
| Added Sugar (g)                                                                                    | 21.4               | 21.4         | 42.8              |
| Protein (g)                                                                                        | 5.9                | 5.9          | 11.5              |
| Total Fat (g)                                                                                      | 19.1               | 19.1         | 28.6              |
| Saturated Fat (g)                                                                                  | 14.2               | 14.2         | 64.9              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 20.3               | 20.3         | -                 |
| Sodium (mg)                                                                                        | 212.3              | 212.3        | 10.6              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy, Egg.                                                                  |                    |              |                   |

# Pastry

## Fresh Cream Pineapple Pastry [1 Piece]

|                         | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 158.1             | 316.2        | 7.9               |
| Total Carbohydrates (g) | 11.5              | 23.1         | 8.8               |
| Total Sugars (g)        | 8.4               | 16.8         | -                 |
| Added Sugar (g)         | 5.2               | 10.3         | 10.3              |
| Protein (g)             | 2.0               | 4.0          | 3.8               |
| Total Fat (g)           | 11.6              | 23.1         | 17.2              |
| Saturated Fat (g)       | 5.8               | 11.5         | 26.2              |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | 2.7               | 5.4          | -                 |
| Sodium (mg)             | 52.4              | 104.8        | 2.6               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Milk, Egg, Soy.**

## Rich Chocolate Pastry [1 Piece]

|                         | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|--------------------|--------------|-------------------|
| Energy (kcal)           | 372                | 372          | 18.6              |
| Total Carbohydrates (g) | 40.3               | 40.3         | 31.0              |
| Total Sugars (g)        | 16.7               | 16.7         | -                 |
| Added Sugar (g)         | 13.3               | 13.3         | 26.6              |
| Protein (g)             | 10.2               | 10.2         | 19.6              |
| Total Fat (g)           | 18.9               | 18.9         | 28.2              |
| Saturated Fat (g)       | 7.7                | 7.7          | 34.8              |
| Trans Fat (g)           | <0.1               | <0.1         | -                 |
| Cholesterol (mg)        | 3.3                | 3.3          | -                 |
| Sodium (mg)             | 76.6               | 76.6         | 3.8               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Milk, Soy, Egg.**

## Eggless Fresh Cream Pineapple Pastry [1 Piece]

|                         | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 124.5             | 249.0        | 6.2               |
| Total Carbohydrates (g) | 15.0              | 30.0         | 11.5              |
| Total Sugars (g)        | 8.4               | 16.8         | -                 |
| Added Sugar (g)         | 5.2               | 10.4         | 10.4              |
| Protein (g)             | 1.4               | 2.9          | 2.7               |
| Total Fat (g)           | 6.5               | 13.1         | 9.7               |
| Saturated Fat (g)       | 4.7               | 9.4          | 21.4              |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | 2.4               | 4.7          | -                 |
| Sodium (mg)             | 76.6              | 153.2        | 3.8               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Milk, Soy.**

## Eggless Rich Chocolate Pastry [1 Piece]



|                         | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|--------------------|--------------|-------------------|
| Energy (kcal)           | 341                | 341          | 17                |
| Total Carbohydrates (g) | 56.6               | 56.6         | 43.5              |
| Total Sugars (g)        | 15.9               | 15.9         | -                 |
| Added Sugar (g)         | 13.5               | 13.5         | 26.9              |
| Protein (g)             | 3.9                | 3.9          | 7.5               |
| Total Fat (g)           | 11.0               | 11.0         | 16.4              |
| Saturated Fat (g)       | 4.5                | 4.5          | 20.5              |
| Trans Fat (g)           | <0.1               | <0.1         | -                 |
| Cholesterol (mg)        | 9.5                | 9.5          | -                 |
| Sodium (mg)             | 79.4               | 79.4         | 3.9               |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Milk, Soy.**

### Butterscotch & Milk Chocolate Pastry [1 Piece]



|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 349                | 349          | 17.4              |
| Total Carbohydrates (g)                                                                            | 42.2               | 42.2         | 32.4              |
| Total Sugars (g)                                                                                   | 20.2               | 20.2         | -                 |
| Added Sugar (g)                                                                                    | 15.4               | 15.4         | 30.8              |
| Protein (g)                                                                                        | 5.4                | 5.4          | 10.3              |
| Total Fat (g)                                                                                      | 16.7               | 16.7         | 24.9              |
| Saturated Fat (g)                                                                                  | 7.6                | 7.6          | 34.4              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 11.9               | 11.9         | -                 |
| Sodium (mg)                                                                                        | 94.2               | 94.2         | 4.7               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| <b>Allergens :Wheat, Milk, Soy.</b>                                                                |                    |              |                   |

### Dutch Truffle Pastry [1 Piece]

|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 213.2             | 426.4        | 10.6              |
| Total Carbohydrates (g)                                                                            | 21.3              | 42.7         | 16.4              |
| Total Sugars (g)                                                                                   | 10.2              | 20.5         | -                 |
| Added Sugar (g)                                                                                    | 10.2              | 20.5         | 20.4              |
| Protein (g)                                                                                        | 3.0               | 5.9          | 5.6               |
| Total Fat (g)                                                                                      | 12.9              | 25.8         | 19                |
| Saturated Fat (g)                                                                                  | 8.3               | 16.5         | 37.5              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 2.8               | 5.7          | -                 |
| Sodium (mg)                                                                                        | 35.6              | 71.2         | 1.7               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Egg, Wheat, Milk, Soy.</b>                                                           |                   |              |                   |

### Choco-Vanilla Oreo Pastry [1 Piece]



|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 374                | 374          | 18.7              |
| Total Carbohydrates (g)                                                                            | 39.7               | 39.7         | 30.5              |
| Total Sugars (g)                                                                                   | 20.5               | 20.5         | -                 |
| Added Sugar (g)                                                                                    | 18.3               | 18.3         | 36.5              |
| Protein (g)                                                                                        | 4.6                | 4.6          | 8.9               |
| Total Fat (g)                                                                                      | 21.9               | 21.9         | 32.6              |
| Saturated Fat (g)                                                                                  | 14.7               | 14.7         | 67                |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 36.6               | 36.6         | -                 |
| Sodium (mg)                                                                                        | 72.0               | 72.0         | 3.6               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| <b>Allergens :Wheat, Milk, Soy, Egg.</b>                                                           |                    |              |                   |

### Devils Mousse Pastry [1 Piece]

|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 227.0             | 453.9        | 11.3              |
| Total Carbohydrates (g)                                                                            | 27.8              | 55.6         | 21.4              |
| Total Sugars (g)                                                                                   | 10.3              | 20.5         | -                 |
| Added Sugar (g)                                                                                    | 10.3              | 20.5         | 20.5              |
| Protein (g)                                                                                        | 5.1               | 10.2         | 9.8               |
| Total Fat (g)                                                                                      | 10.6              | 21.2         | 15.7              |
| Saturated Fat (g)                                                                                  | 4.9               | 9.8          | 22.3              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 3.8               | 7.5          | -                 |
| Sodium (mg)                                                                                        | 60.2              | 120.4        | 3.0               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Egg, Milk, Soy.</b>                                                                  |                   |              |                   |

### Eggless Dutch Truffle Pastry [1 Piece]



|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 185.7             | 371.3        | 9.2               |
| Total Carbohydrates (g)                                                                            | 23.0              | 46.0         | 17.7              |
| Total Sugars (g)                                                                                   | 10.3              | 20.6         | -                 |
| Added Sugar (g)                                                                                    | 10.3              | 20.6         | 20.5              |
| Protein (g)                                                                                        | 2.2               | 4.5          | 4.3               |
| Total Fat (g)                                                                                      | 9.4               | 18.8         | 14.0              |
| Saturated Fat (g)                                                                                  | 5.8               | 11.5         | 26.2              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 1.4               | 2.7          | -                 |
| Sodium (mg)                                                                                        | 100.6             | 201.2        | 5.0               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

### Eggless Butterscotch & Milk Chocolate Pastry [1 Piece]

|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 319                | 319          | 15.9              |
| Total Carbohydrates (g)                                                                            | 51.5               | 51.5         | 39.6              |
| Total Sugars (g)                                                                                   | 24.1               | 24.1         | -                 |
| Added Sugar (g)                                                                                    | 23.2               | 23.2         | 46.4              |
| Protein (g)                                                                                        | 3.5                | 3.5          | 6.8               |
| Total Fat (g)                                                                                      | 11.0               | 11.0         | 16.4              |
| Saturated Fat (g)                                                                                  | 7.2                | 7.2          | 32.5              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 12.1               | 12.1         | -                 |
| Sodium (mg)                                                                                        | 94.5               | 94.5         | 4.7               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

### Chocoholic Pastry [1 Piece]



|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 215.5             | 431.1        | 10.7              |
| Total Carbohydrates (g)                                                                            | 15.2              | 30.3         | 11.6              |
| Total Sugars (g)                                                                                   | 11.1              | 22.1         | -                 |
| Added Sugar (g)                                                                                    | 11.1              | 22.1         | 22.1              |
| Protein (g)                                                                                        | 2.7               | 5.4          | 5.2               |
| Total Fat (g)                                                                                      | 16.0              | 32.0         | 23.8              |
| Saturated Fat (g)                                                                                  | 11.2              | 22.5         | 51.0              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 2.6               | 5.2          | -                 |
| Sodium (mg)                                                                                        | 63.4              | 126.8        | 3.1               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

### Hazelnut Praline Mousse Pastry [1 Piece]

|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 224.3             | 448.6        | 11.2              |
| Total Carbohydrates (g)                                                                            | 24.1              | 48.1         | 18.52             |
| Total Sugars (g)                                                                                   | 12.2              | 24.4         | -                 |
| Added Sugar (g)                                                                                    | 12.2              | 24.4         | 24.3              |
| Protein (g)                                                                                        | 3.2               | 6.5          | 6.2               |
| Total Fat (g)                                                                                      | 12.8              | 25.6         | 19.0              |
| Saturated Fat (g)                                                                                  | 4.5               | 9.0          | 20.5              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | <1.0              | <1.0         | -                 |
| Sodium (mg)                                                                                        | 32.3              | 64.5         | 1.6               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| <div> <div>New York Style Baked Cheesecake [Slice]</div> <div></div> </div> |                   |              |                   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                                                                             | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                                                                               | 138.4             | 276.8        | 6.9               |
| Total Carbohydrates (g)                                                                                                                                     | 19.5              | 39.0         | 15.0              |
| Total Sugars (g)                                                                                                                                            | 7.6               | 15.2         | -                 |
| Added Sugar (g)                                                                                                                                             | <1.0              | <1.0         | -                 |
| Protein (g)                                                                                                                                                 | 3.5               | 6.9          | 6.6               |
| Total Fat (g)                                                                                                                                               | 5.2               | 10.3         | 7.7               |
| Saturated Fat (g)                                                                                                                                           | 3.9               | 7.8          | 17.7              |
| Trans Fat (g)                                                                                                                                               | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                                                                            | 15.9              | 31.9         | -                 |
| Sodium (mg)                                                                                                                                                 | 90.2              | 180.3        | 4.5               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.                                                          |                   |              |                   |
| Allergens :Egg, Wheat, Milk.                                                                                                                                |                   |              |                   |

| <div> <div>Eggless Dark Chocolate Mousse Pastry [1 Piece]</div> <div></div> </div> |                    |              |                   |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                                                                                     | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                                                                                       | 382                | 382          | 19.1              |
| Total Carbohydrates (g)                                                                                                                                             | 40.0               | 40.0         | 30.7              |
| Total Sugars (g)                                                                                                                                                    | 12.9               | 12.9         | -                 |
| Added Sugar (g)                                                                                                                                                     | 10.3               | 10.3         | 20.6              |
| Protein (g)                                                                                                                                                         | 6.2                | 6.2          | 11.8              |
| Total Fat (g)                                                                                                                                                       | 22                 | 22           | 32.8              |
| Saturated Fat (g)                                                                                                                                                   | 18.5               | 18.5         | 84.2              |
| Trans Fat (g)                                                                                                                                                       | <0.10              | <0.10        | -                 |
| Cholesterol (mg)                                                                                                                                                    | 12.6               | 12.6         | -                 |
| Sodium (mg)                                                                                                                                                         | 94.7               | 94.7         | 4.7               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.                                                                  |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                                                                                        |                    |              |                   |

| <div> <div>Dark Chocolate Mousse Pastry (Gluten Free) [1 Piece]</div> <div></div> </div> |                    |              |                   |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                                                                                            | Per Serve<br>106 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                                                                                              | 373.1              | 352          | 18.6              |
| Total Carbohydrates (g)                                                                                                                                                    | 46.1               | 43.5         | 35.4              |
| Total Sugars (g)                                                                                                                                                           | 15.8               | 14.9         | -                 |
| Added Sugar (g)                                                                                                                                                            | 12.7               | 12           | 25.4              |
| Protein (g)                                                                                                                                                                | 9.1                | 8.6          | 17.4              |
| Total Fat (g)                                                                                                                                                              | 17.0               | 16.1         | 25.4              |
| Saturated Fat (g)                                                                                                                                                          | 11.5               | 10.8         | 52.1              |
| Trans Fat (g)                                                                                                                                                              | <0.10              | <0.10        | -                 |
| Cholesterol (mg)                                                                                                                                                           | 14.2               | 13.4         | -                 |
| Sodium (mg)                                                                                                                                                                | 106.0              | 100.0        | 5.3               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.                                                                         |                    |              |                   |
| Allergens :None declared.                                                                                                                                                  |                    |              |                   |

# Savoury

## Non-Veg Quiche [1 Piece]

|                         | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 179.7             | 359.5        | 8.9               |
| Total Carbohydrates (g) | 9.0               | 18.0         | 6.9               |
| Total Sugars (g)        | 2.4               | 4.9          | -                 |
| Added Sugar (g)         | 1.2               | 2.3          | 2.3               |
| Protein (g)             | 6.4               | 12.9         | 12.3              |
| Total Fat (g)           | 13.1              | 26.2         | 19.5              |
| Saturated Fat (g)       | 8.3               | 16.7         | 37.8              |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | 2.6               | 5.2          | -                 |
| Sodium (mg)             | 309.9             | 619.9        | 15.5              |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Egg, Wheat, Milk.**

## Farmhouse Boat Pizza [1 Piece]

|                         | Per Serve<br>180 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|--------------------|--------------|-------------------|
| Energy (kcal)           | 585                | 325          | 29.2              |
| Total Carbohydrates (g) | 79.3               | 44.1         | 61.0              |
| Total Sugars (g)        | <2.0               | <2.0         | -                 |
| Added Sugar (g)         | <1.0               | <1.0         | 0                 |
| Protein (g)             | 19.1               | 10.6         | 36.6              |
| Total Fat (g)           | 21.5               | 11.9         | 32.0              |
| Saturated Fat (g)       | 10.2               | 5.7          | 46.5              |
| Trans Fat (g)           | <0.10              | <0.10        | -                 |
| Cholesterol (mg)        | 53.8               | 29.9         | -                 |
| Sodium (mg)             | 841.0              | 467.2        | 42.0              |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :None declared.**

## Veg Quiche [1 Piece]

|                         | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|-------------------|--------------|-------------------|
| Energy (kcal)           | 136.0             | 272.0        | 6.8               |
| Total Carbohydrates (g) | 8.5               | 16.9         | 6.5               |
| Total Sugars (g)        | 2.4               | 4.9          | -                 |
| Added Sugar (g)         | 1.3               | 2.7          | 2.6               |
| Protein (g)             | 4.4               | 8.7          | 8.3               |
| Total Fat (g)           | 9.4               | 18.8         | 14.0              |
| Saturated Fat (g)       | 6.5               | 13.0         | 29.5              |
| Trans Fat (g)           | <0.1              | <0.1         | -                 |
| Cholesterol (mg)        | <1.0              | <1.0         | -                 |
| Sodium (mg)             | 219.4             | 438.8        | 10.9              |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :Wheat, Milk.**

## Baked Chicken Samosa [1 Piece]

|                         | Per Serve<br>110 g | Per<br>100 g | %RDA<br>per serve |
|-------------------------|--------------------|--------------|-------------------|
| Energy (kcal)           | 333.3              | 303          | 16.6              |
| Total Carbohydrates (g) | 44.5               | 40.5         | 34.2              |
| Total Sugars (g)        | <2.0               | <2.0         | -                 |
| Added Sugar (g)         | <1.0               | <1.0         | 0                 |
| Protein (g)             | 9.0                | 8.2          | 17.2              |
| Total Fat (g)           | 13.3               | 12.1         | 19.8              |
| Saturated Fat (g)       | 7.4                | 6.7          | 33.5              |
| Trans Fat (g)           | <0.10              | <0.10        | -                 |
| Cholesterol (mg)        | 91.1               | 82.8         | -                 |
| Sodium (mg)             | 541.4              | 492.2        | 27.0              |

Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.

**Allergens :None declared.**

| Chicken Tikka Sandwich [Single]  |                    |              |                   |
|------------------------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                                  | Per Serve<br>125 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                                    | 295.8              | 236.6        | 14.7              |
| Total Carbohydrates (g)                                                                                          | 27.9               | 22.4         | 21.4              |
| Total Sugars (g)                                                                                                 | 4.3                | 3.4          | -                 |
| Added Sugar (g)                                                                                                  | <0.1               | <0.1         | 0                 |
| Protein (g)                                                                                                      | 12.2               | 9.7          | 23.3              |
| Total Fat (g)                                                                                                    | 15.1               | 12.0         | 22.4              |
| Saturated Fat (g)                                                                                                | 4.0                | 3.2          | 18.0              |
| Trans Fat (g)                                                                                                    | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                                 | 60.8               | 48.6         | -                 |
| Sodium (mg)                                                                                                      | 547.9              | 438.4        | 27.4              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.               |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                                     |                    |              |                   |

| Chicken Keema Roll [1 Piece]                                                                       |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>95 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 287.9             | 303          | 14.3              |
| Total Carbohydrates (g)                                                                            | 34.5              | 36.4         | 26.5              |
| Total Sugars (g)                                                                                   | 2.6               | 2.7          | -                 |
| Added Sugar (g)                                                                                    | <1.0              | <1.0         | 0                 |
| Protein (g)                                                                                        | 10.9              | 11.5         | 21.0              |
| Total Fat (g)                                                                                      | 11.8              | 12.4         | 17.6              |
| Saturated Fat (g)                                                                                  | 5.0               | 5.3          | 22.8              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 13.3              | 14.0         | -                 |
| Sodium (mg)                                                                                        | 454.3             | 478.2        | 22.7              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Baked Wada Pao [1 Piece]                                                                           |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>120 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 267.6              | 223          | 13.3              |
| Total Carbohydrates (g)                                                                            | 39.3               | 32.7         | 30.2              |
| Total Sugars (g)                                                                                   | 4.4                | 3.7          | -                 |
| Added Sugar (g)                                                                                    | <1.0               | <1.0         | 0                 |
| Protein (g)                                                                                        | 7.8                | 6.5          | 15.0              |
| Total Fat (g)                                                                                      | 8.8                | 7.3          | 13.1              |
| Saturated Fat (g)                                                                                  | 2.4                | 2.0          | 10.9              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 4.2                | 3.5          | -                 |
| Sodium (mg)                                                                                        | 496.1              | 413.4        | 24.8              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Butter Chicken Bun [1 Piece]  |                   |              |                   |
|-----------------------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                                 | Per Serve<br>70 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                                   | 216.3             | 309          | 10.8              |
| Total Carbohydrates (g)                                                                                         | 22.0              | 31.5         | 16.9              |
| Total Sugars (g)                                                                                                | <2.0              | <2.0         | -                 |
| Added Sugar (g)                                                                                                 | <1.0              | <1.0         | 0                 |
| Protein (g)                                                                                                     | 8.3               | 11.8         | 15.8              |
| Total Fat (g)                                                                                                   | 10.6              | 15.1         | 15.8              |
| Saturated Fat (g)                                                                                               | 6.0               | 8.6          | 27.2              |
| Trans Fat (g)                                                                                                   | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                                | 15.3              | 21.9         | -                 |
| Sodium (mg)                                                                                                     | 233.0             | 332.9        | 11.65             |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.              |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                                    |                   |              |                   |

| Spicy Paneer Roll [1 Piece]                                                                        |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 288                | 288          | 14.4              |
| Total Carbohydrates (g)                                                                            | 32.5               | 32.5         | 24.9              |
| Total Sugars (g)                                                                                   | 3.8                | 3.8          | -                 |
| Added Sugar (g)                                                                                    | <1.0               | <1.0         | 0                 |
| Protein (g)                                                                                        | 9.4                | 9.4          | 18.0              |
| Total Fat (g)                                                                                      | 13.4               | 13.4         | 20.0              |
| Saturated Fat (g)                                                                                  | 5.0                | 5.0          | 22.6              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 6.0                | 6.0          | -                 |
| Sodium (mg)                                                                                        | 435.6              | 435.6        | 21.7              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Chatpata Aloo Puff [1 Piece]                                                                       |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>86 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 322.5             | 375          | 16.1              |
| Total Carbohydrates (g)                                                                            | 27.0              | 31.4         | 20.8              |
| Total Sugars (g)                                                                                   | <2.0              | <2.0         | -                 |
| Added Sugar (g)                                                                                    | <1.0              | <1.0         | 0                 |
| Protein (g)                                                                                        | 3.0               | 3.5          | 5.8               |
| Total Fat (g)                                                                                      | 22.5              | 26.2         | 33.6              |
| Saturated Fat (g)                                                                                  | 16.6              | 19.2         | 75.2              |
| Trans Fat (g)                                                                                      | <0.10             | <0.10        | -                 |
| Cholesterol (mg)                                                                                   | <1.0              | <1.0         | -                 |
| Sodium (mg)                                                                                        | 354.4             | 412.1        | 17.7              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Chicken Mayonnaise Sandwich [Single]  |                    |              |                   |
|-----------------------------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                                       | Per Serve<br>100 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                                         | 359                | 359          | 17.9              |
| Total Carbohydrates (g)                                                                                               | 25.4               | 25.4         | 19.5              |
| Total Sugars (g)                                                                                                      | 3.8                | 3.8          | -                 |
| Added Sugar (g)                                                                                                       | <1.0               | <1.0         | 0                 |
| Protein (g)                                                                                                           | 10.8               | 10.8         | 20.7              |
| Total Fat (g)                                                                                                         | 23.8               | 23.8         | 35.5              |
| Saturated Fat (g)                                                                                                     | 3.2                | 3.2          | 14.7              |
| Trans Fat (g)                                                                                                         | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                                      | 31.7               | 31.7         | -                 |
| Sodium (mg)                                                                                                           | 431                | 431          | 21.5              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.                    |                    |              |                   |
| Allergens :Wheat, Egg, Milk.                                                                                          |                    |              |                   |

| Spinach Corn & Cheese Sandwich [Single]                                                            |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>125 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 307.5              | 246          | 15.3              |
| Total Carbohydrates (g)                                                                            | 38.5               | 30.8         | 29.6              |
| Total Sugars (g)                                                                                   | 4.2                | 3.4          | -                 |
| Added Sugar (g)                                                                                    | <1.0               | <1.0         | 0                 |
| Protein (g)                                                                                        | 10.2               | 8.2          | 19.7              |
| Total Fat (g)                                                                                      | 12.4               | 9.9          | 18.4              |
| Saturated Fat (g)                                                                                  | 8.2                | 6.6          | 37.2              |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 14.4               | 11.5         | -                 |
| Sodium (mg)                                                                                        | 677.2              | 541.8        | 33.8              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                    |              |                   |

| Roasted Chicken & Mustard Sandwich [Single]  |                    |              |                   |
|--------------------------------------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                                                | Per Serve<br>125 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                                                  | 355                | 284          | 17.7              |
| Total Carbohydrates (g)                                                                                                        | 36.8               | 29.4         | 28.2              |
| Total Sugars (g)                                                                                                               | 4.4                | 3.5          | -                 |
| Added Sugar (g)                                                                                                                | <1.0               | <1.0         | 0                 |
| Protein (g)                                                                                                                    | 12.2               | 9.8          | 23.5              |
| Total Fat (g)                                                                                                                  | 17.8               | 14.2         | 26.4              |
| Saturated Fat (g)                                                                                                              | 6.3                | 5.1          | 28.8              |
| Trans Fat (g)                                                                                                                  | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                                               | 24.1               | 19.3         | -                 |
| Sodium (mg)                                                                                                                    | 338.8              | 271          | 16.9              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary.                             |                    |              |                   |
| Allergens :Egg, Wheat, Milk, Mustard, Soy.                                                                                     |                    |              |                   |

| Chicken & Cheese Puff [1 Piece]                                                                    |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>75 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 349.5             | 466          | 17.4              |
| Total Carbohydrates (g)                                                                            | 25.6              | 34.1         | 19.6              |
| Total Sugars (g)                                                                                   | <2                | <2           | -                 |
| Added Sugar (g)                                                                                    | <1                | <1           | 0                 |
| Protein (g)                                                                                        | 7.3               | 9.8          | 14.0              |
| Total Fat (g)                                                                                      | 24.2              | 32.3         | 36.1              |
| Saturated Fat (g)                                                                                  | 15.4              | 20.5         | 69.8              |
| Trans Fat (g)                                                                                      | <0.10             | <0.10        | -                 |
| Cholesterol (mg)                                                                                   | 38.1              | 50.8         | -                 |
| Sodium (mg)                                                                                        | 333.1             | 444.2        | 16.6              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

## Spicy Paneer Puff [1 Piece]



|                                                                                                    | Per Serve<br>70 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 305.2             | 436          | 15.2              |
| Total Carbohydrates (g)                                                                            | 22.5              | 32.1         | 17.2              |
| Total Sugars (g)                                                                                   | <2                | <2           | -                 |
| Added Sugar (g)                                                                                    | <1                | <1           | 0                 |
| Protein (g)                                                                                        | 9.3               | 13.2         | 17.8              |
| Total Fat (g)                                                                                      | 19.9              | 28.4         | 29.6              |
| Saturated Fat (g)                                                                                  | 10.6              | 15.2         | 48.3              |
| Trans Fat (g)                                                                                      | <0.10             | <0.10        | -                 |
| Cholesterol (mg)                                                                                   | 4.1               | 5.8          | -                 |
| Sodium (mg)                                                                                        | 361.1             | 515.9        | 18.0              |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Wheat, Milk.</b>                                                                     |                   |              |                   |

# Cookies

## Coconut Macaroons [8 Pieces]

|                                                                                                    | Per Serve<br>15 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 74.1              | 494          | 3.7               |
| Total Carbohydrates (g)                                                                            | 7.8               | 52.0         | 6.0               |
| Total Sugars (g)                                                                                   | 5.0               | 33.6         | -                 |
| Added Sugar (g)                                                                                    | 4.5               | 30.3         | 9.0               |
| Protein (g)                                                                                        | 0.9               | 6.0          | 1.7               |
| Total Fat (g)                                                                                      | 4.4               | 29.1         | 6.5               |
| Saturated Fat (g)                                                                                  | 4.2               | 27.7         | 18.9              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | <1.0              | <1.0         | -                 |
| Sodium (mg)                                                                                        | 7.9               | 52.8         | 0.4               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Wheat, Milk, Egg.</b>                                                                |                   |              |                   |

## Black Pepper Sourdough Crackers [100g]



|                                                                                                    | Per Serve<br>8 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 36.5             | 456          | 1.8               |
| Total Carbohydrates (g)                                                                            | 5.6              | 70           | 4.3               |
| Total Sugars (g)                                                                                   | 0.2              | 2.8          | -                 |
| Added Sugar (g)                                                                                    | 0.1              | 0.7          | 0.1               |
| Protein (g)                                                                                        | 0.9              | 11.2         | 1.7               |
| Total Fat (g)                                                                                      | 1.2              | 14.4         | 1.7               |
| Saturated Fat (g)                                                                                  | 0.3              | 3.3          | 1.2               |
| Trans Fat (g)                                                                                      | <0.1             | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | <1.0             | <1.0         | -                 |
| Sodium (mg)                                                                                        | 51.7             | 646.6        | 2.5               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                  |              |                   |
| <b>Allergens :Wheat.</b>                                                                           |                  |              |                   |

## Oats & Raisins Big Cookie [1 Piece]

|                                                                                                    | Per Serve<br>65 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 308.8             | 475          | 15.4              |
| Total Carbohydrates (g)                                                                            | 39.7              | 61.0         | 30.5              |
| Total Sugars (g)                                                                                   | 13.1              | 20.1         | -                 |
| Added Sugar (g)                                                                                    | 7.1               | 10.9         | 14.2              |
| Protein (g)                                                                                        | 7.1               | 10.9         | 13.5              |
| Total Fat (g)                                                                                      | 13.5              | 20.8         | 20.2              |
| Saturated Fat (g)                                                                                  | 9.3               | 14.2         | 42.1              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 16.1              | 24.7         | -                 |
| Sodium (mg)                                                                                        | 127.3             | 195.8        | 6.3               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Wheat, Milk.</b>                                                                     |                   |              |                   |

## Butter Cookies [10 Pieces]

|                                                                                                    | Per Serve<br>20 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 119.4             | 597          | 5.9               |
| Total Carbohydrates (g)                                                                            | 8.6               | 43           | 6.6               |
| Total Sugars (g)                                                                                   | 3.1               | 15.3         | -                 |
| Added Sugar (g)                                                                                    | 3.1               | 15.3         | 6.1               |
| Protein (g)                                                                                        | 2.3               | 11.3         | 4.3               |
| Total Fat (g)                                                                                      | 8.4               | 42.2         | 12.6              |
| Saturated Fat (g)                                                                                  | 5.4               | 27.2         | 24.7              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 28.0              | 139.8        | -                 |
| Sodium (mg)                                                                                        | 7.9               | 39.6         | 0.4               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Wheat, Milk, Nut.</b>                                                                |                   |              |                   |

| Almond Biscotti [150g]                                                                             |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>10 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 51                | 510          | 2.5               |
| Total Carbohydrates (g)                                                                            | 6.2               | 62           | 4.7               |
| Total Sugars (g)                                                                                   | 1.8               | 17.9         | -                 |
| Added Sugar (g)                                                                                    | 1.5               | 15.3         | 3.0               |
| Protein (g)                                                                                        | 1.1               | 10.8         | 2.0               |
| Total Fat (g)                                                                                      | 2.4               | 24.3         | 3.6               |
| Saturated Fat (g)                                                                                  | 1.1               | 11.3         | 5.1               |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | <1.0              | <1.0         | -                 |
| Sodium (mg)                                                                                        | 27.6              | 275.6        | 1.3               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Egg, Wheat, Milk, Nut.                                                                  |                   |              |                   |

| Double Choco Chip Cookies                                                                          |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>30 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 146.4             | 488.1        | 7.3               |
| Total Carbohydrates (g)                                                                            | 19.1              | 63.8         | 14.7              |
| Total Sugars (g)                                                                                   | 7.8               | 26.1         | -                 |
| Added Sugar (g)                                                                                    | 6.4               | 21.3         | 12.8              |
| Protein (g)                                                                                        | 2.2               | 7.2          | 4.1               |
| Total Fat (g)                                                                                      | 6.8               | 22.7         | 10.1              |
| Saturated Fat (g)                                                                                  | 3.5               | 11.8         | 16.1              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 2.4               | 8.0          | -                 |
| Sodium (mg)                                                                                        | 59.0              | 196.7        | 2.9               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Butter Palmiers [3 Pieces]                                                                         |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>25 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 127               | 508          | 6.3               |
| Total Carbohydrates (g)                                                                            | 17.2              | 69           | 13.2              |
| Total Sugars (g)                                                                                   | 6.4               | 25.7         | -                 |
| Added Sugar (g)                                                                                    | 5.8               | 23.3         | 11.6              |
| Protein (g)                                                                                        | 1.6               | 6.6          | 3.1               |
| Total Fat (g)                                                                                      | 5.8               | 23           | 9                 |
| Saturated Fat (g)                                                                                  | 4.5               | 17.9         | 20.3              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | <1.0              | <1.0         | -                 |
| Sodium (mg)                                                                                        | 42.7              | 170.8        | 2.1               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk.                                                                            |                   |              |                   |

| Chocolate Chip Big Cookie [1 Piece]                                                                |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>30 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 151.1             | 503.6        | 7.5               |
| Total Carbohydrates (g)                                                                            | 18.3              | 61.0         | 14.0              |
| Total Sugars (g)                                                                                   | 7.3               | 24.3         | -                 |
| Added Sugar (g)                                                                                    | 6.1               | 20.4         | 12.2              |
| Protein (g)                                                                                        | 2.5               | 8.4          | 4.8               |
| Total Fat (g)                                                                                      | 7.5               | 25.1         | 11.2              |
| Saturated Fat (g)                                                                                  | 4.8               | 16.0         | 21.7              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 2.5               | 8.3          | -                 |
| Sodium (mg)                                                                                        | 47.7              | 158.9        | 2.3               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

| Chocolate Coated Biscuits [9 Pieces]                                                               |                   |              |                   |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>16 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 87.7              | 548          | 4.3               |
| Total Carbohydrates (g)                                                                            | 9.4               | 59           | 7.2               |
| Total Sugars (g)                                                                                   | 3.5               | 21.6         | -                 |
| Added Sugar (g)                                                                                    | 3.5               | 21.6         | 6.9               |
| Protein (g)                                                                                        | 1.1               | 7.1          | 2.1               |
| Total Fat (g)                                                                                      | 5.0               | 31.5         | 7.5               |
| Saturated Fat (g)                                                                                  | 3.1               | 19.1         | 13.8              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 23.6              | 147.2        | -                 |
| Sodium (mg)                                                                                        | 33.1              | 206.8        | 1.6               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Nut, Soy.                                                                  |                   |              |                   |

| Hazelnut Cookies [10 Pieces]                                                                       |                    |              |                   |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-------------------|
|                                                                                                    | Per Serve<br>117 g | Per<br>100 g | %RDA<br>per serve |
| Energy (kcal)                                                                                      | 703.2              | 601          | 35.1              |
| Total Carbohydrates (g)                                                                            | 49.5               | 42.3         | 38.0              |
| Total Sugars (g)                                                                                   | 27.8               | 23.7         | -                 |
| Added Sugar (g)                                                                                    | 27.8               | 23.7         | 55.5              |
| Protein (g)                                                                                        | 12.5               | 10.7         | 23.9              |
| Total Fat (g)                                                                                      | 50.6               | 43.3         | 75.5              |
| Saturated Fat (g)                                                                                  | 27.1               | 23.2         | 123.2             |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 13.0               | 11.1         | -                 |
| Sodium (mg)                                                                                        | 37.9               | 32.4         | 1.9               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                   |
| Allergens :Wheat, Milk, Soy, Nut.                                                                  |                    |              |                   |

## Sweet Sesame Crackers [100g]



|                                                                                                    | Per Serve<br>10 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 54.7              | 547          | 2.7               |
| Total Carbohydrates (g)                                                                            | 6                 | 60           | 4.6               |
| Total Sugars (g)                                                                                   | 3.7               | 37           | -                 |
| Added Sugar (g)                                                                                    | 2.4               | 24           | 4.8               |
| Protein (g)                                                                                        | 0.6               | 6            | 1.1               |
| Total Fat (g)                                                                                      | 3.3               | 33           | 4.9               |
| Saturated Fat (g)                                                                                  | 1.7               | 17           | 7.7               |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | -                 | -            | -                 |
| Sodium (mg)                                                                                        | 20.5              | 205          | 1.0               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Wheat, Milk, Sesame.</b>                                                             |                   |              |                   |

## Chocolate Chip Cookies [8 Pieces]

|                                                                                                    | Per Serve<br>25 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 120.8             | 483          | 6                 |
| Total Carbohydrates (g)                                                                            | 15.9              | 63.7         | 12.2              |
| Total Sugars (g)                                                                                   | 7.6               | 30.3         | -                 |
| Added Sugar (g)                                                                                    | 7.6               | 30.3         | 15.1              |
| Protein (g)                                                                                        | 1.6               | 6.4          | 3.0               |
| Total Fat (g)                                                                                      | 5.6               | 22.5         | 8.4               |
| Saturated Fat (g)                                                                                  | 3.9               | 15.4         | 17.5              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 7.2               | 28.6         | -                 |
| Sodium (mg)                                                                                        | 64.4              | 257.5        | 3.2               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Egg, Wheat, Milk, Soya.</b>                                                          |                   |              |                   |

## Cheese Crackers [100g]

|                                                                                                    | Per Serve<br>10 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 51.4              | 514.4        | 2.5               |
| Total Carbohydrates (g)                                                                            | 3.9               | 38.7         | 2.9               |
| Total Sugars (g)                                                                                   | <2.0              | <2.0         | -                 |
| Added Sugar (g)                                                                                    | <1.0              | <1.0         | 0                 |
| Protein (g)                                                                                        | 1.6               | 15.5         | 2.9               |
| Total Fat (g)                                                                                      | 3.3               | 33.0         | 4.9               |
| Saturated Fat (g)                                                                                  | 2.1               | 20.9         | 9.4               |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 0.1               | 1.4          | -                 |
| Sodium (mg)                                                                                        | 80.2              | 801.8        | 4                 |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Wheat, Milk.</b>                                                                     |                   |              |                   |

## Orange Cookies [12 Pieces]



|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 244               | 488          | 12.0              |
| Total Carbohydrates (g)                                                                            | 30.8              | 61.7         | 23.7              |
| Total Sugars (g)                                                                                   | 17.1              | 34.1         | -                 |
| Added Sugar (g)                                                                                    | 14.4              | 28.8         | 28.8              |
| Protein (g)                                                                                        | 2.4               | 4.7          | 4.5               |
| Total Fat (g)                                                                                      | 12.4              | 24.8         | 18.4              |
| Saturated Fat (g)                                                                                  | 8.5               | 17.0         | 38.5              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 7.4               | 14.8         | -                 |
| Sodium (mg)                                                                                        | 73.1              | 146.2        | 3.6               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Wheat, Milk.</b>                                                                     |                   |              |                   |

## Double Choco Chip Cookies [8 Pieces]

|                                                                                                    | Per Serve<br>25 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 116.8             | 467          | 5.8               |
| Total Carbohydrates (g)                                                                            | 15.2              | 61           | 11.7              |
| Total Sugars (g)                                                                                   | 7.8               | 31.4         | -                 |
| Added Sugar (g)                                                                                    | 7.8               | 31.4         | 15.7              |
| Protein (g)                                                                                        | 1.7               | 6.8          | 3.2               |
| Total Fat (g)                                                                                      | 5.4               | 21.7         | 8.1               |
| Saturated Fat (g)                                                                                  | 3.7               | 14.8         | 16.8              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 8.2               | 32.8         | -                 |
| Sodium (mg)                                                                                        | 66.3              | 265.2        | 3.3               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Egg, Wheat, Milk, Soya.</b>                                                          |                   |              |                   |

## Ragi Crackers [100g]

|                                                                                                    | Per Serve<br>15 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 60.6              | 404          | 3                 |
| Total Carbohydrates (g)                                                                            | 12.2              | 81           | 9.35              |
| Total Sugars (g)                                                                                   | 0.5               | 3.1          | -                 |
| Added Sugar (g)                                                                                    | <1.0              | <1.0         | 0                 |
| Protein (g)                                                                                        | 1.8               | 11.7         | 3.3               |
| Total Fat (g)                                                                                      | 0.6               | 3.7          | 0.8               |
| Saturated Fat (g)                                                                                  | 0.1               | 0.8          | 0.5               |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | <1.0              | <1.0         | -                 |
| Sodium (mg)                                                                                        | 160.3             | 1068.6       | 8.0               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| <b>Allergens :Wheat.</b>                                                                           |                   |              |                   |

### Strawberry Jam & Butter Cookies [8 Pieces]



|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 260               | 520          | 13                |
| Total Carbohydrates (g)                                                                            | 30.3              | 60.6         | 23.3              |
| Total Sugars (g)                                                                                   | 12.8              | 25.7         | -                 |
| Added Sugar (g)                                                                                    | 10.3              | 20.7         | 20.6              |
| Protein (g)                                                                                        | 2.6               | 5.2          | 5                 |
| Total Fat (g)                                                                                      | 14.3              | 28.6         | 21.3              |
| Saturated Fat (g)                                                                                  | 10.2              | 20.3         | 46.2              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 15.8              | 31.6         | -                 |
| Sodium (mg)                                                                                        | 41.9              | 83.7         | 2.0               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :None declared.                                                                          |                   |              |                   |

### Jeera Cookies [10 Pieces]



|                                                                                                    | Per Serve<br>17 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 87.9              | 517          | 4.3               |
| Total Carbohydrates (g)                                                                            | 10.6              | 62.5         | 8.1               |
| Total Sugars (g)                                                                                   | 2.2               | 12.8         | -                 |
| Added Sugar (g)                                                                                    | 1.7               | 10.2         | 3.4               |
| Protein (g)                                                                                        | 1.4               | 8.0          | 2.6               |
| Total Fat (g)                                                                                      | 4.4               | 26.1         | 7                 |
| Saturated Fat (g)                                                                                  | 3.3               | 19.5         | 15                |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 3.8               | 22.1         | -                 |
| Sodium (mg)                                                                                        | 52.4              | 308.4        | 2.6               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :Wheat, Milk, Soy.                                                                       |                   |              |                   |

### Cinnamon Swirl Cookies [8 Pieces]



|                                                                                                    | Per Serve<br>50 g | Per<br>100 g | %RDA<br>per serve |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-------------------|
| Energy (kcal)                                                                                      | 272.5             | 545          | 13.6              |
| Total Carbohydrates (g)                                                                            | 30.9              | 61.8         | 23.7              |
| Total Sugars (g)                                                                                   | 12.2              | 24.5         | -                 |
| Added Sugar (g)                                                                                    | 11.5              | 22.9         | 22.9              |
| Protein (g)                                                                                        | 2.5               | 4.9          | 4.7               |
| Total Fat (g)                                                                                      | 15.5              | 30.9         | 23                |
| Saturated Fat (g)                                                                                  | 11.2              | 22.5         | 51.0              |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                 |
| Cholesterol (mg)                                                                                   | 17.4              | 34.8         | -                 |
| Sodium (mg)                                                                                        | 33.2              | 66.5         | 1.6               |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                   |
| Allergens :None declared.                                                                          |                   |              |                   |

| Almond Rocks [250g]                                                                                |                   |              |                                                                                                     |
|----------------------------------------------------------------------------------------------------|-------------------|--------------|-----------------------------------------------------------------------------------------------------|
|                                                                                                    | Per Serve<br>12 g | Per<br>100 g |  %RDA<br>per serve |
| Energy (kcal)                                                                                      | 67.7              | 564          | 3.3                                                                                                 |
| Total Carbohydrates (g)                                                                            | 5.8               | 48           | 4.4                                                                                                 |
| Total Sugars (g)                                                                                   | 3.4               | 28.3         | -                                                                                                   |
| Added Sugar (g)                                                                                    | 3.1               | 25.6         | 6.1                                                                                                 |
| Protein (g)                                                                                        | 1.3               | 10.8         | 2.4                                                                                                 |
| Total Fat (g)                                                                                      | 4.4               | 36.5         | 6.5                                                                                                 |
| Saturated Fat (g)                                                                                  | 1.7               | 14.4         | 7.8                                                                                                 |
| Trans Fat (g)                                                                                      | <0.1              | <0.1         | -                                                                                                   |
| Cholesterol (mg)                                                                                   | 0.6               | 5.1          | -                                                                                                   |
| Sodium (mg)                                                                                        | 5.2               | 43.3         | 00.2                                                                                                |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                   |              |                                                                                                     |
| Allergens :Nut, Soy.                                                                               |                   |              |                                                                                                     |

# Beverages

| Cappuccino [250ml]                                                                                 |                    |              |                                                                                                     |
|----------------------------------------------------------------------------------------------------|--------------------|--------------|-----------------------------------------------------------------------------------------------------|
|                                                                                                    | Per Serve<br>250 g | Per<br>100 g |  %RDA<br>per serve |
| Energy (kcal)                                                                                      | 647.5              | 259          | 32.3                                                                                                |
| Total Carbohydrates (g)                                                                            | 78.3               | 31.3         | 60.2                                                                                                |
| Total Sugars (g)                                                                                   | 74.2               | 29.7         | -                                                                                                   |
| Added Sugar (g)                                                                                    | <1.0               | <1.0         | 0                                                                                                   |
| Protein (g)                                                                                        | 8.2                | 3.3          | 15.8                                                                                                |
| Total Fat (g)                                                                                      | 33.4               | 13.3         | 49.7                                                                                                |
| Saturated Fat (g)                                                                                  | 23.8               | 9.5          | 108.1                                                                                               |
| Trans Fat (g)                                                                                      | <0.1               | <0.1         | -                                                                                                   |
| Cholesterol (mg)                                                                                   | 25.6               | 10.2         | -                                                                                                   |
| Sodium (mg)                                                                                        | 62.8               | 25.1         | 3.1                                                                                                 |
| Based on 2000 Kcal Energy requirements for average adult per day, however, calorie needs may vary. |                    |              |                                                                                                     |
| Allergens :Milk.                                                                                   |                    |              |                                                                                                     |